

East Wing July 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>Media Room will be available for Olympic Viewing from Friday 23rd of July</p>			<p>1 10:00 Laugh & Joke 11:00 Exercise 11:30 Prayer Group 2:00 Carpet Bowls Joke Day</p>	<p>2 10:00 Newspaper 10:30 Choir 1:30 Movie Afternoon 3:00 Ice Cream Treats</p>	<p>3 10:00 Exercise, Trivia and Entertainment</p>	<p>4 10:00 Housie NAIDOC Week</p>
<p>5 10:00 Newspaper 10:30 Word Games 11:30 Exercise 1:30 Hand & Nail Pamper</p>	<p>6 10:00 Newspaper 10:30 Putt Putt Golf 11:00 Art Group with Craig 11:30 Exercise 1:30 Simon Plays Piano</p>	<p>7 10:00 Newspaper 10:30 Physio Directed Exercise 11:00 Trivia 2:00 Housie World Chocolate Day</p>	<p>8 10:30 Combined Church Service 2:00 Virtual Word Games</p>	<p>9 10:00 Newspaper 10:30 Choir 1:30 Movie Afternoon 3:00 Ice Cream Treats</p>	<p>10 10:00 Exercise, Trivia and Entertainment</p>	<p>11 10:00 Housie</p>
<p>12 10:00 Newspaper 10:30 Les Plays Piano 11:30 Exercise 1:30 Hand & Nail Pamper</p>	<p>13 10:00 Newspaper 10:30 Connect Four 11:00 Art Group with Craig 11:30 Exercise 2:00 Happy Hour</p>	<p>14 10:00 Newspaper 10:30 Physio Directed Exercise 11:00 Trivia 2:00 Housie</p>	<p>15 10:00 Word Games 11:00 Exercise 11:30 Prayer Group 2:00 Carpet Bowls</p>	<p>16 10:00 Newspaper 10:30 Choir 11:00 Residents Meeting 1:30 Movie Afternoon 3:00 Ice Cream Treats</p>	<p>17 10:00 Exercise, Trivia and Entertainment</p>	<p>18 10:00 Housie</p>
<p>19 10:00 Newspaper 10:30 Word Games 11:30 Exercise 1:30 Hand & Nail Pamper</p>	<p>20 10:00 Newspaper 10:30 Board Games 11:00 Art Group with Craig 11:30 Exercise 1:30 Simon Plays Piano</p>	<p>21 10:00 Scenic Bus Drive 10:00 Newspaper 10:30 Physio Directed Exercise 11:00 Trivia 2:00 Housie</p>	<p>22 10:00 Trivia 11:00 Exercise 11:30 Prayer Group 2:00 Virtual Word Games</p>	<p>23 10:00 Newspaper 10:30 Choir 1:30 Movie Afternoon 3:00 Ice Cream Treats Olympic Games Begin</p>	<p>24 10:00 Exercise, Trivia and Entertainment</p>	<p>25 10:00 Housie</p>
<p>26 10:00 Newspaper 10:30 Les Plays Piano 11:30 Exercise 1:30 Hand & Nail Pamper</p>	<p>27 10:00 Newspaper 10:30 Name That Tune 11:00 Art Group with Craig 11:30 Exercise 2:00 Men's Group</p>	<p>28 10:00 Scenic Bus Drive 10:00 Newspaper 10:30 Physio Directed Exercise 11:00 Trivia 2:00 Housie</p>	<p>29 10:00 Who Am I? 11:00 Exercise 11:30 Prayer Group 2:00 Armchair Travel</p>	<p>30 10:00 Newspaper 10:30 Choir 1:30 Movie Afternoon 3:00 Ice Cream Treats</p>	<p>31 10:00 Exercise, Trivia and Entertainment</p>	<p>Program subject to change to ensure current Covid Guidelines are followed</p>