

WEEK1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST CHOICES							
BREAKFAST CHOICES	Continental OR Omelette OR Raisin Toast OR Fruit and Yoghurt	Continental OR Hash Browns OR Raisin Toast OR Fruit and Yoghurt	Continental OR Boiled Egg OR Raisin Toast OR Fruit and Yoghurt	Continental OR Spaghetti on Toast OR Raisin Toast OR Fruit and Yoghurt	Continental OR Breakfast Mushroom on Toast OR Raisin Toast OR Fruit and Yoghurt	Continental OR Crumpets OR Raisin Toast OR Fruit and Yoghurt	Continental OR Egg, Bacon and Tomato OR Raisin Toast OR Fruit and Yoghurt
MORNING TEA	Chefs selection of homemade sweet and savoury scones, cakes, biscuits and slices. Fresh fruit available at all times						
LUNCH CHOICES							
LUNCH CHOICES	Chicken and Mushroom Casserole OR Spicy Rissoles with Nutty Sauce OR Antipasto Pizza OR Assorted Sandwiches or Salad of the Day	Home Style Lasagne OR Fish Cake with Tartare Sauce and Salad OR Apple Salad with Walnuts OR Assorted Sandwiches or Salad of the Day	Apple-Glazed Pork Roast OR Baked Four Cheese Gnocchi OR Assorted Sandwiches OR Toasted Ham and Cheese Sandwiches	Boneless Lamb Cutlet OR Salad of the Day OR Assorted Sandwiches	Savoury Minced Steak and Beans OR Chicken Parmigiana OR Curried Potato and Egg Salad OR Assorted Sandwiches	Crumbed Fish Fillet OR Vegetable curry in coconut cream OR Chicken Salad OR Assorted Sandwiches	Roast Lamb with Mint Gravy OR Pork Sausages with Fruit Chutney OR Asian Vegetables & Noodle Omelette OR Assorted Sandwiches or Salad of the Day
VEGETABLES	Chefs selection of seasonal assorted vegetables						
DESSERT	Carrington Peach Mould OR Fresh Fruit Salad and Ice Cream	Baked Strawberry Cheesecake OR Fresh Fruit Salad and Ice Cream	White chocolate and Raspberry sponge OR Fresh Fruit Salad and Ice Cream	Apple Strudel OR Fresh Fruit Salad and Ice Cream	Caramel Pears OR Fresh Fruit Salad and Ice Cream	Custard Tarts OR Fresh Fruit Salad and Ice Cream	Pavlova OR Fresh Fruit Salad and Ice Cream
AFTERNOON TEA	Chefs selection of homemade sweet and savoury scones, cakes, biscuits and slices. Fresh fruit available at all times						



WEEK1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
DINNER CHOICES							
SOUP	Cabbage, Bacon and Potato Soup	Cream of Celery Soup	Mushroom Soup	Chicken and Corn Soup	Split Pea Soup	Carrot and Red Lentil Soup	Cream of Chicken and Mushroom Soup
DINNER CHOICES	Lamb Rissoles OR Steak and Kidney Pie 1 OR Corned Beef Salad OR Assorted Sandwiches	Omelette OR Chicken and Bacon Burgers with Avocado OR Ham Salad OR Assorted Sandwiches	Salmon and asparagus mornay OR Vegetarian Spaghetti Bolognese OR Baked Beans on Toast OR Assorted Sandwiches or Salad of the Day	Baked Sausage Roll OR Pork Balls with Sweet & Sour Sauce OR Salad of the Day OR Assorted Sandwiches	Ham Steak and Pineapple OR Beef and Cabbage Rolls OR Cajun Prawns with Avocado Salad OR Assorted Sandwiches	Beef Sausage in Onion Gravy OR Cornish Meat Pasties OR Beetroot and Orange Salad OR Assorted Sandwiches	Tandoori Chicken OR Fish Korma Curry OR Ham and Egg Salad OR Assorted Sandwich
VEGETABLES	Chefs selection of seasonal assorted vegetables						
DESSERT	Apple Crumble OR Fresh Fruit Salad and Ice Cream	Mousse OR Fresh Fruit Salad and Ice Cream	Impossible Pie OR Fresh Fruit Salad and Ice Cream	Rhubarb Sponge OR Fresh Fruit Salad and Ice Cream	Chocolate Fudge Self Saucing Pudding OR Fresh Fruit Salad and Ice Cream	Baked Coconut Custard OR Fresh Fruit Salad and Ice Cream	Neapolitan Ice Cream OR Fresh Fruit Salad and Ice Cream



WEEK2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST CHOICES							
BREAKFAST CHOICES	Continental OR Savoury Cheesy Scrambled Eggs on Toast OR Raisin Toast OR Fruit and Yoghurt	Continental OR Asparagus with Quick Hollandaise OR Raisin Toast OR Fruit and Yoghurt	Continental OR Spaghetti on Toast OR Raisin Toast OR Fruit and Yoghurt	Continental OR Fried Sausages OR Raisin Toast OR Fruit and Yoghurt	Continental OR Omelette OR Raisin Toast OR Fruit and Yoghurt	Continental OR Savoury Mince on Toast OR Raisin Toast OR Fruit and Yoghurt	Continental OR Bacon and Eggs OR Raisin Toast OR Fruit and Yoghurt
MORNING TEA	Chefs selection of homemade sweet and savoury scones, cakes, biscuits and slices. Fresh fruit available at all times						
LUNCH CHOICES							
LUNCH CHOICES	Baked Marinated Fish OR Asparagus, Capsicum & Ricotta Tarts OR Chicken Caesar Salad OR Assorted Sandwiches or Salad of the Day	Pork Balls with Sweet & Sour Sauce OR Cheese and Tomato Pasta Bake OR Salad of the Day OR Assorted Sandwiches	Classic Roast Chicken OR Curried Prawns OR Baked Pumpkin & Herb Pancakes OR Assorted Sandwiches or Salad of the Day	Sweet Lamb Curry OR Macaroni Bolognese Bake OR Assorted Sandwiches OR Toasted Ham and Cheese Sandwiches	Tempura Battered Fish with Tartare Sauce OR Sweet and Sour Pork OR Salad of the Day OR Assorted Sandwiches	Quiche Lorraine with Garden Salad OR Shepherds Pie OR Chicken and Prawn Salad OR Assorted Sandwiches	Traditional Roast Beef OR Sweet Chilli Chicken with Wedges OR Poached Egg Salad OR Assorted Sandwiches
VEGETABLES	Chefs selection of seasonal assorted vegetables						
DESSERT	Sago Pudding OR Fresh Fruit Salad and Ice Cream	Chocolate Icebox Pudding OR Fresh Fruit Salad and Ice Cream	Apple Crisp OR Fresh Fruit Salad and Ice Cream	Custard and Raspberry Tarts OR Fresh Fruit Salad and Ice Cream	Jellied Fruit OR Fresh Fruit Salad and Ice Cream	Panna Cotta OR Fresh Fruit Salad and Ice Cream	Apricot Clafouti OR Fresh Fruit Salad and Ice Cream
AFTERNOON TEA	Chefs selection of homemade sweet and savoury scones, cakes, biscuits and slices. Fresh fruit available at all times						



WEEK2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
DINNER CHOICES							
SOUP	French Onion Soup	Chicken and Vegetable Soup	Asian Vegetable and Noodle Soup	Red Lentil and Sweet Potato Soup	Broccoli and Bacon Soup	Fish and Noodle Soup	Asian Beef and Vegetable Soup
DINNER CHOICES	Home Style Lasagne OR Meatballs and Curry Sauce OR Roast Pork Salad OR Assorted Sandwiches	Braised Steak and Onions OR Bacon and Tomatoes with Poached Eggs OR Chicken Caesar Salad OR Assorted Sandwiches	Beef Rissoles OR Lamb Burger with Tomato Mint Relish OR Cheese and Spinach Tortilla Melts OR Assorted Sandwiches or Salad of the Day	Pork and Vegetable Meatloaf OR Tuna Mornay OR Apple Salad with Walnuts OR Assorted Sandwiches	Lambs Fry and Bacon OR Party Pies and Sausage Rolls with Wedges OR Cheese Salad OR Assorted Sandwiches	Mustard & Honey Chicken OR BBQ - Mixed Grill OR Asian Lamb Salad OR Assorted Sandwiches	Fish Cake with Tartare Sauce and Salad OR Pork Chow Mein OR Salad of the Day OR Assorted Sandwiches
VEGETABLES	Chefs selection of seasonal assorted vegetables						
DESSERT	Pears with Yoghurt and Honeycomb OR Fresh Fruit Salad and Ice Cream	Cream of Ground Rice OR Fresh Fruit Salad and Ice Cream	Cherry Ripe Cheesecake OR Fresh Fruit Salad and Ice Cream	Queen Pudding OR Fresh Fruit Salad and Ice Cream	Mango Cheesecake OR Fresh Fruit Salad and Ice Cream	Pineapple Upside Down Cake OR Fresh Fruit Salad and Ice Cream	Apple Brown Betty OR Fresh Fruit Salad and Ice Cream



WEEK3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST CHOICES							
BREAKFAST CHOICES	Continental OR Poached Egg on English Muffin OR Raisin Toast OR Fruit and Yoghurt	Continental OR Banana Pancakes with Yoghurt OR Raisin Toast OR Fruit and Yoghurt	Continental OR Boiled Egg OR Raisin Toast OR Fruit and Yoghurt	Continental OR Savoury Mince on Toast OR Raisin Toast OR Fruit and Yoghurt	Continental OR Savoury Scrambled Eggs on Toast OR Raisin Toast OR Fruit and Yoghurt	Continental OR Corn Fritters OR Raisin Toast OR Fruit and Yoghurt	Continental OR Egg, Bacon and Tomato OR Raisin Toast OR Fruit and Yoghurt
MORNING TEA	Chefs selection of homemade sweet and savoury scones, cakes, biscuits and slices. Fresh fruit available at all times						
LUNCH CHOICES							
LUNCH CHOICES	Curried Sausages with Rice OR Yummy Fish Burgers OR Spinach and Egg Salad OR Assorted Sandwiches	Curried Prawns OR Boneless Lamb Cutlet OR Chicken caesar salad OR Assorted Sandwiches	Roast Pork and Apple Sauce or Gravy OR Beef and Mushroom Pie OR Chargrilled Pumpkin & Haloumi Salad OR Assorted Sandwiches	Braised Lamb Chops OR Grilled Chicken with Mushroom Sauce OR Salad of the Day OR Assorted Sandwiches	Crumbed Fish Fillet OR Beef Satay OR Corned Beef Salad OR Assorted Sandwiches	Corned Silverside with Mustard Sauce OR Cheesy Roasted Vegetable Filo Rolls OR Chicken Salad OR Assorted Sandwiches	Roast Chicken with Gravy OR Pork and Veal Casserole with Polenta Topping OR Curried Prawns OR Assorted Sandwiches or Salad of the Day
VEGETABLES	Chefs selection of seasonal assorted vegetables						
DESSERT	Bakewell Tart OR Fresh Fruit Salad and Ice Cream	Apple Crumble OR Fresh Fruit Salad and Ice Cream	Chocolate Chiffon pie OR Fresh Fruit Salad and Ice Cream	Steamed Marmalade Sponge OR Fresh Fruit Salad and Ice Cream	Apricot Shortcake OR Fresh Fruit Salad and Ice Cream	Creme Caramel OR Fresh Fruit Salad and Ice Cream	Butterscotch Pudding OR Fresh Fruit Salad and Ice Cream
AFTERNOON TEA	Chefs selection of homemade sweet and savoury scones, cakes, biscuits and slices. Fresh fruit available at all times						



WEEK3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
DINNER CHOICES							
SOUP	Roast Sweet Potato Soup	Italian Minestrone Soup	Celery Soup	Chicken and Vegetable Soup	Pumpkin Soup	Beef and Barley Soup	Thick Beef and Vegetable Soup
DINNER CHOICES	Beef Sausage in Onion Gravy OR Avocado, Bean & Rocket Pasta OR Sweet Lamb Curry OR Assorted Sandwiches	Tandoori Chicken OR Sweet and Sour Pork OR Asparagus and Caper Salad OR Assorted Sandwiches	Baked Fish with Cheese and Parsley Sauce OR Chicken and Prawn Salad OR Zucchini Slice OR Assorted Sandwiches or Salad of the Day	Party Pies and Sausage Rolls with Wedges OR Savoury Minced Steak OR Ham and Egg Salad OR Assorted Sandwiches	Barbequed Vegetable Pizza OR Lamb Patties with Tomato and Mozzarella OR Assorted Sandwiches OR Toasted Ham and Cheese Sandwiches	Pork with Leek and Sage OR Prawn Cutlets OR Baked Four Cheese Gnocchi OR Assorted Sandwiches	Tuna Quiche OR Italian Spaghetti OR Marinated Beef and Potato Salad OR Assorted Sandwiches
VEGETABLES	Chefs selection of seasonal assorted vegetables						
DESSERT	Apple and Black Cherry Cobbler OR Fresh Fruit Salad and Ice Cream	Baked Cheesecake OR Fresh Fruit Salad and Ice Cream	Tiramisu OR Fresh Fruit Salad and Ice Cream	Jelly OR Fresh Fruit Salad and Ice Cream	Pavlova OR Fresh Fruit Salad and Ice Cream	Jelly Rumble OR Fresh Fruit Salad and Ice Cream	Sticky Date Pudding OR Fresh Fruit Salad and Ice Cream



WEEK4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST CHOICES							
BREAKFAST CHOICES	Continental OR Apple and Lemon Pancakes OR Raisin Toast OR Fruit and Yoghurt	Continental OR Bacon Tomato and Hash Brown OR Raisin Toast OR Fruit and Yoghurt	Continental OR Savoury Cheesy Scrambled Eggs on Toast OR Raisin Toast OR Fruit and Yoghurt	Continental OR Corn Fritters OR Raisin Toast OR Fruit and Yoghurt	Continental OR Croissant OR Fruit and Yoghurt OR Raisin Toast	Continental OR Baked Beans on Toast OR Fruit and Yoghurt OR Raisin Toast	Continental OR Bacon and Eggs OR Fruit and Yoghurt OR Raisin Toast
MORNING TEA	Chefs selection of homemade sweet and savoury scones, cakes, biscuits and slices. Fresh fruit available at all times						
LUNCH CHOICES							
LUNCH CHOICES	Sweet Lamb Curry OR Corn Fritters with Brown Rice Salad OR Assorted Sandwiches OR Toasted Ham and Cheese Sandwiches	Crumbed Chicken Breast and Gravy OR Pork and Plum Stir Fry with Noodles OR Assorted Sandwiches OR Assorted Sandwiches	Roast Beef with Thyme Gravy OR Curried Prawns OR Apple Salad with Walnuts OR Assorted Sandwiches	Mixed Grill OR Honey and Soy Chicken OR Assorted Sandwiches or Salad of the Day	Tempura Battered Fish with Tartare Sauce OR Asian Lamb Salad OR Apple and Walnut Coleslaw OR Assorted Sandwiches	Lamb Rissoles OR Chicken and Vegetable Casserole OR Assorted Sandwiches OR Toasted Ham and Cheese Sandwiches	Roast Pork and Apple Sauce or Gravy OR BBQ - Mixed Grill OR Asparagus and Tomato Fettuccine OR Assorted Sandwiches
VEGETABLES	Chefs selection of seasonal assorted vegetables						
DESSERT	Bread and Butter Pudding OR Fresh Fruit Salad and Ice Cream	Creamed Crushed Pineapple Rice OR Fresh Fruit Salad and Ice Cream	Carrington Peach Mould OR Fresh Fruit Salad and Ice Cream	Apple Strudel OR Fresh Fruit Salad and Ice Cream	Lemon Tart OR Fresh Fruit Salad and Ice Cream	Steamed Date Pudding OR Fresh Fruit Salad and Ice Cream	Rhubarb Sponge OR Fresh Fruit Salad and Ice Cream
AFTERNOON TEA	Chefs selection of homemade sweet and savoury scones, cakes, biscuits and slices. Fresh fruit available at all times						



WEEK4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
DINNER CHOICES							
SOUP	Broccoli and Cheese Soup	Chicken, Sweetcorn and Bacon Soup	Cream of Tomato and Basil Soup	Pea and Ham Soup	Carrot and Red Lentil Soup	Chicken and Leek Soup	Roasted Leek and Garlic Soup
DINNER CHOICES	Asparagus and Leek Frittata with Roasted Tomatoes OR Prawn Cutlets OR Roast Pork Salad OR Assorted Sandwiches	Cheeseburger Pie OR Baked Potato with Savoury Mince and Sour Cream OR Apple and Walnut Coleslaw OR Assorted Sandwiches	Sweet and Sour Pork OR BBQ - Mixed Grill OR Roast Turkey Salad OR Assorted Sandwiches	Savoury Sausage Rolls OR Salmon Pattie with Mashed Pumpkin OR Assorted Sandwiches OR Toasted Ham and Cheese Sandwiches	Meatloaf in BBQ Sauce OR Pasta Carbonara OR Curried Potato and Egg Salad OR Assorted Sandwiches	Chicken Korma OR Steak and Kidney Pie 1 OR Cheese Salad OR Assorted Sandwiches	Tuna Mornay OR Asian Fillets with Egg Noodles OR Mixed Meat Salad OR Assorted Sandwiches
VEGETABLES	Chefs selection of seasonal assorted vegetables						
DESSERT	Apple Rhubarb Crumble OR Fresh Fruit Salad and Ice Cream	Chocolate Blancmange OR Fresh Fruit Salad and Ice Cream	Mousse OR Fresh Fruit Salad and Ice Cream	Apple Dumplings OR Fresh Fruit Salad and Ice Cream	Peach crumble OR Fresh Fruit Salad and Ice Cream	Jellied Fruit OR Fresh Fruit Salad and Ice Cream	Homemade Vanilla Slice OR Fresh Fruit Salad and Ice Cream

