










MARCH WEEK 3 2019

EAST WING

MAYFIELD AGED CARE



PROPOSED DAILY LEISURE & LIFESTYLE PROGRAM

| TIME | MONDAY 18 th | TUESDAY 19 th | WEDNESDAY 20 th | THURSDAY 21 st | FRIDAY 22 nd | SATURDAY 23 rd | SUNDAY 24 th |
|---------------|--|--|--|---|--|------------------------------|----------------------------|
| 8.30am | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| 9-30AM | Room Visits NEWSPAPER DISCUSSION | Room Visits NEWSPAPER DISCUSSION | Room Visits NEWSPAPER DISCUSSION | Room Visits NEWSPAPER DISCUSSION | Room Visits NEWSPAPER DISCUSSION | | |
| Activity Room | Happy St. Patricks Day  | Group Exercises  | Group Exercises  | Group Exercises  | PRAYER GROUP IN THE MEDIA ROOM | | |
| 10.30 am | Morning Tea | Morning Tea | Morning Tea | Morning Tea | Morning Tea | Morning Tea | Morning Tea |
| 10.30 am | LES PLAYS PIANO  | HOUSIE  | ANNE MARIE STAND UP COMEDIAN  | RESIDENTS MEETING  | FOCUS GROUP WITH RON  | JESSICA PLAYS PIANO | |
| 12:00 | | | | | | HOUSIE 10:00 | MOVIES AVAILABLE |
| 12.30 | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| 1.30pm | AARON MANSFIELD CONCERT!! | HAPPY HOUR IN MEDIA ROOM | CARD GAMES IN ACTIVITY ROOM | BUS DRIVE (WEATHER PERMITTED) | | | |
| 2.15pm | Afternoon Tea | Afternoon Tea | Afternoon Tea | Afternoon Tea | Afternoon Tea | Afternoon Tea | Afternoon Tea |
| 3pm | | | | | | | |
| 5.30pm | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |