











JANUARY WEEK 3 2019

West Wing

MAYFIELD AGED CARE



PROPOSED DAILY LEISURE & LIFESTYLE PROGRAM

TIME: LOCATION:	MONDAY 14 th	TUESDAY 15 th	WEDNESDAY 16 th	THURSDAY 17 th	FRIDAY 18 th	SATURDAY 19 th	SUNDAY 20 th
8am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9-15AM	Room Visits  GROUP EXERCISES	Room Visits  GROUP EXERCISES	Room Visits  GROUP EXERCISES	HAIRDRESSER: MEGAN 	Room Visits  GROUP EXERCISES		
9-30AM MEREWETHER Lounge	NEWSPAPER DISCUSSION	NEWSPAPER DISCUSSION	NEWSPAPER DISCUSSION	NEWSPAPER DISCUSSION	NEWSPAPER DISCUSSION		
9-45AM	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea
10.15AM	BIRTHDAY MORNING TEA/ SING-A-LONG 	TRIVIA MORNING 	HOUSIE 	Laurie Plays PIANO 	FOCUS GROUP WITH RON (FALLS PREVENTION) 		
12-MD	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
					STAFF EDUCATION	9:30 HOUSIE	
2PM	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea
2.30PM							
5PM	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner