












# DECEMBER WEEK 2 2018 **EAST WING** MAYFIELD AGED CARE



## PROPOSED DAILY LEISURE & LIFESTYLE PROGRAM

TIME	MONDAY 10 <sup>th</sup>	TUESDAY 11 <sup>th</sup>	WEDNESDAY 13 <sup>th</sup>	THURSDAY 12 <sup>th</sup>	FRIDAY 14 <sup>th</sup>	SATURDAY 15 <sup>th</sup>	SUNDAY 16 <sup>th</sup>
8.30am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9-30AM	<b>HAIRDRESSING</b>  NEWSPAPER DISCUSSION	Room Visits NEWSPAPER DISCUSSION	Room Visits NEWSPAPER DISCUSSION	Room Visits NEWSPAPER DISCUSSION	Room Visits NEWSPAPER DISCUSSION		
Activity Room	<b>Group Exercises</b> 	<b>Group Exercises</b> 	<b>Group Exercises</b> 	<b>Group Exercises</b> 	<b>PRAYER GROUP IN THE MEDIA ROOM</b>		
10.30 am	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea
10.30 am	<b>SING-A-LONG</b> 	<b>ECUMENICAL SERVICE</b> 	<b>HOUSIE</b> 	<b>TABLE GAMES</b> 	<b>HIGH SCHOOL VISIT</b> 		
12:00							
12.30	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1.30pm		<b>HAPPY HOUR</b>	<b>BUS DRIVE</b>	<b>BUS DRIVE</b>	<b>STAFF EDUCATION</b>		
2.15pm	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea
3pm							
5.30pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner