













September WEEK 3 2018 EAST WING MAYFIELD AGED CARE



PROPOSED DAILY LEISURE & LIFESTYLE PROGRAM

TIME	MONDAY 17 th	TUESDAY 18 th	WEDNESDAY 19 th	THURSDAY 20 th	FRIDAY 21 st	SATURDAY 22 nd	SUNDAY 23 rd
8.30am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9-30AM	Room Visits NEWSPAPER DISCUSSION	Room Visits NEWSPAPER DISCUSSION	Room Visits NEWSPAPER DISCUSSION	Room Visits NEWSPAPER DISCUSSION	Room Visits NEWSPAPER DISCUSSION	<u>SEPTEMBER BIRTHDAYS</u> JOY FISHLOCK 12 th KEN NIXON 28 th	
Activity Room	Group Exercises 	Group Exercises 	Group Exercises 	Group Exercises 	Group Exercises 		
10.30 am	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea
10.30 am	HOUSIE 	CHOIR PRACTICE 	ART MORNING 	RESIDENTS MEETING 	FOCUS GROUP WITH RON 		
12:00						HOUSIE 10:00	MOVIES AVAILABLE
12.30	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1.30pm	BUS DRIVE	HAPPY HOUR	WORD GAMES	BUS DRIVE	STAFF EDUCATION		
2.15pm	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea
3pm					PROGRAMS DISPLAYED		
5.30pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner