







SEPTEMBER WEEK 3 2018

West Wing

MAYFIELD AGED CARE



PROPOSED DAILY LEISURE & LIFESTYLE PROGRAM

TIME: LOCATION:	MONDAY 17 th	TUESDAY 18 th	WEDNESDAY 19 th	THURSDAY 20 th	FRIDAY 21 st	SATURDAY 22 nd	SUNDAY 23 rd
8am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9-15AM	Room Visits  GROUP EXERCISES	Room Visits  GROUP EXERCISES	Room Visits  GROUP EXERCISES	Room Visits  GROUP EXERCISES	Room Visits  GROUP EXERCISES	<p><u>SEPTEMBER BIRTHDAYS</u></p> <p><i>RITA MUDDLE 10th</i> <i>BRIAN FIRMAN 19th</i> <i>DON MADRICK 21st</i></p>	
9-30AM MEREWETHER Lounge	NEWSPAPER DISCUSSION	NEWSPAPER DISCUSSION	NEWSPAPER DISCUSSION	NEWSPAPER DISCUSSION	BUS TRIP 		
9-45AM	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea
10.15AM	ART MORNING 	HOUSIE 	RESIDENTS MEETING 	COOKING MORNING 	FLOOR GAMES 		
12-MD	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
	HAPPY HOUR	BUS TRIP	WORD GAMES	INDIVIDUALS	STAFF EDUCATION	9:30 HOUSIE	
2PM	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea
2.30PM							
5PM	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner