



What is Palliative Care?

Palliative Care is an approach that improves the quality of life of people and their families who are faced with a life threatening condition or illness through the relief and prevention of suffering by means of assessment and treatment of pain and other conditions.

The Palliative Care approach gives physical, spiritual, psychological and cultural support to a person and their loved ones during this life ending period.



What is Advanced Care Planning?

This is sometimes referred to as end of life wishes and is a process that enables a person and their loved ones to discuss and document any wishes that they may have in regards to any life saving treatment if they become terminally ill.

You may be asked if you already have made these choices on admission, if not this may be discussed with you and your family by the admission nurse who can advise you of the options that are available to you.

If your staff are aware of your wishes and you become terminally ill, this will enable us to keep you comfortable here in familiar surroundings instead of transferring you to an acute care hospital for life saving treatments that may be unacceptable to you.



What is End of Life Care?

End of Life Care is when a person is terminally ill and they are in the last days or weeks of life. The primary focus of treatments is on preventing pain and suffering of the person and emotionally supporting the person and their loved ones.

During this time our staff will closely monitor the person for signs of pain or discomfort as they may not be able to verbally express any pain or distress.

Our staff will ensure that family and loved ones have unlimited visiting time during this period and any other support that they may need.

